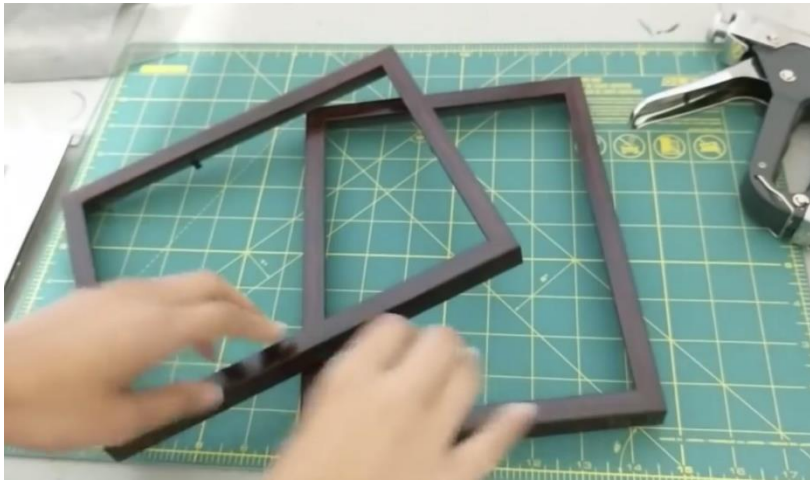


A Simple Guide to Making Paper



Take apart two old photograph frames.



Pin or staple mesh to the front of one frame. (You can use an old pillow case or any fine material if you don't have mesh)



Trim the edge and place the second frame on top of the first, so that the front of both frames face each other.



Tear or shred old paper into small pieces. You can use paper with words on as it gives the new paper a speckled pattern.



Put the paper in a blender or use a hand blender and a bowl.



Add water and blend until it is a gloopy consistency. Make sure there are no big pieces left.



Pour the mixture into a bowl of water that is larger than your photograph frames. Mix in well.



Lower your two frames into the water, allowing the mixture to cover the frames.



Lift the frames out of the bowl and allow the water to drain away.



Use a sponge to absorb water

Gently press a sponge onto the paper and soak up any water left. Keep squeezing out your sponge and cover and pat all over the piece of paper.



Lift the top frame off the meshed frame and put to one side.



Keep pressing the sponge to soak up the water, paying careful attention to the edges.



Flip the frame over onto a towel and press on the mesh with a sponge, from the back to start gently releasing the paper.



Gently lift the frame and peel away the paper. If it sticks, it's still too wet. Keep soaking up with the sponge or leave to dry for a while.



Keep soaking up any excess water with the sponge, then leave your paper to dry overnight.



Your paper is now ready to use. Try adding pieces of paper or food colouring to the pulp mix to create different effects.